

Name _____

Date _____

Game _____

Use this worksheet to help you create rules that work for you, your friends and your family. Remember, not all the rules need to be written down, just the important ones.

Rule	Reason for the Rule	Consequence
When Dad is playing Wii Golf, he has to play left-handed.	Dad is too good at Wii Golf and he always wins. There's no point playing him.	If he uses his right hand, he has to close his eyes
_____	_____	_____
_____	_____	_____
_____	_____	_____

Positive Rule	Reason for the Rule	Reward
If Tim loses a game, he must try to stay calm.	Tim needs to learn to cope with disappointment.	If he stays calm, he can choose the next game.
_____	_____	_____
_____	_____	_____
_____	_____	_____