

Location: <i>Galileo Research Station</i>	Food Log
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Name				Date Started				
<i>Taylor Anderson</i>				<i>Tuesday 3rd November 2020</i>				
	Meal	Protein	Carbo- hydrates	Fruit and Veg	Fat	Dairy	Liquid	
Time	(type)		(inc sugar)				(type)	(volume)
Day 1	<i>7:30am</i>	<i>Breakfast</i>		<i>Weetabix</i>	<i>Banana</i>		<i>Milk</i>	<i>Tea</i> <i>250ml</i>
Day 2								
Day 3								
Total:								